

## Development of Crisis Café Hub and Outreach

This is an exciting opportunity to establish a Crisis Café providing an alternative access point for people requiring out of hours support for people experiencing symptoms of mental illness which may result in crisis without support.

There is an aspiration to develop provision at both ends of the Borough; we will begin by establishing a Crisis Café Hub in Southport with outreach activities in the wider community.

The inequality priorities for the Southport Crisis Café will be Middle Aged Men and Older Adults

Sefton CVS will act as the lead agency and will establish a Mental Health Voluntary Sector Alliance to underpin this development

An open referral process will apply with individuals over the age of 18 being able to self refer into the cafe

The crisis café team will provide two core functions:

- A place of safety and support for those at high risk of self harm or suicide who would otherwise attend A&E
- Peer Support workers who will be experts by experience and will develop self-help and diversionary activities for clients and act as Mental Health champions.

The Crisis Café Hub will be easily accessible by public transport in off high street town centre location.

The service will be delivered from the Café Hub on Friday, Saturday and Sunday evenings and outreach sessions will be held in other venues.

Staffing will be a combination of both paid staff and volunteer support

The Café will have a core staff team with a service manager. All staff will be expected to provide client facing support.

Sessional activities will be drawn in from the wider Alliance to complement the offer available from the core team.