



## SEFTON IN MIND MEN'S MENTAL HEALTH Grants Criteria for 2020

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This funding is designed to provide small grants to groups and organisations working in Sefton. It is targeted at *improving men's access to mental health support* specifically to

- reduce the number of suicides in middle-aged men in Sefton Borough
- enhance men's awareness and their ability to improve their own mental health: including help seeking skills
- provide programmes that mean men are better able to manage in a crisis
- facilitate projects that are co-produced with those with lived experience.

When people who have experienced mental health problems use this experience to help inform and shape services, this is sometimes referred to as *the voice of lived experience*. Nationally men use mental health services less often than women, We are keen to hear more from men who have used mental health services, whether in the statutory or voluntary sector, to understand how we can support more men to come forward.

Projects do not necessarily have to be new. We are looking to fund projects aiming to improve the mental health of men, particularly those of working age.

### Criteria

1. Community groups, residents groups, voluntary organisations, faith-based groups, and social enterprises working in, or providing services to the residents of Sefton that provide one or more of the following:
  - Have a clear focus on men's mental health not just mental wellbeing
  - Improve access to mental health support for men
  - Provide support to men in crisis
  - Support individuals with lived experience of mental health become mental health champions
2. Individuals who are not part of a constituted group can be supported to access funding through a recognised Living Well Sefton partner organisation, if the organisation is prepared to sponsor the individual's application. The partners are, Sefton CVS, May Logan Centre, Citizens Advice Sefton, Smokefree Sefton, Brighter Living Partnership, Feelgood Factory Netherton, Active Sefton and Sefton Carers Centre. Applicants are responsible for discussing their application with partners prior to submission. A maximum award of £500 is available.
3. The maximum grant available to organisations is £3,000.
4. Organisations involved in the project for which the grant will be used must all:

- Be a constituted body and have a bank account with a minimum of two signatories
- Follow an open access policy
- Be non-political
- Agree to all appropriate staff and volunteers being trained in Making Every Contact Count

5. Applications for funding must demonstrate they:

- a. Have completed the necessary risk assessments required to meet the Covid Secure guidelines provided by the Government. Please see more details on this on the Sefton CVS website (<https://seftoncvvs.org.uk/covidrecovery/>) The website contains links about the safe use of multi-purpose community facilities as well as guidance for faith community organisations.

AND

- b. Support the aim of Living Well Sefton to reduce health and social inequalities and improve the health and wellbeing outcomes of people and families in our most deprived communities and delivering strategic goals of:

- Address inequality by improving the health of the poorest fastest.
- Increase resilience at individual, household and community levels.
- Contribute to supporting people to stay well and live independently for longer, without reliance on additional support such as social care and the NHS.
- Being innovative or creative to address a specific problem or need.
- Working in partnership with others to avoid duplication and maximise impact.

AND

- c. Helping to contribute towards Sefton Borough Council 2030 Vision, along the following themes:

- Resilient people and places
- Growing, living and ageing well
- A great place to live, work and play
- Community activities, sociability and wellbeing
- Accessibility and links between services and the community

6. Activities funded should have clear and specific outcomes to be achieved within a defined period of time. This may be reviewed due to Covid-19 government guidance being updated regularly.

7. Delivery of funded projects should not be dependent on groups securing further additional funding.

8. Sefton In Mind Grants cannot fund political activities, religious activities, or the promotion of personal objectives.

9. Groups are required to take reasonable steps to ensure that their activities can be made available for as broad a range of people as possible and that positive measures are put in place to remove any barriers to access.

10. All organisations must have safeguarding policies in place as well as being Covid-19 Secure.

11. Organisations awarded a grant must have the appropriate public liability and employer's liability insurance for the activities that they provide if necessary.
12. All grant recipients will be required to publicise the support of Sefton In Mind and Living Well Sefton on publicity material including using the Sefton In Mind and Living Well Sefton logos.
13. Applications must be submitted on the Sefton In Mind 2020 application form. If the application form is not fully completed then the application will not be considered.
14. Funding will not be awarded for activities that have already taken place.
15. Organisations and individuals receiving funding will be required to take part in the monitoring and evaluation process and provide feedback when requested. Projects should be able to report on outcomes within 12 months of receiving the grant. Living Well Sefton can provide support with monitoring and evaluation of outcomes.

### **Further Information for Applicants**

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- I. The deadline for Sefton In Mind applications to be received by is 5pm Monday, November 30, 2020.
- II. The Sefton In Mind Grant is a limited fund and not all applications meeting the criteria will be able to be supported.
- III. We particularly welcome applications which support activities that take place in community and faith-based settings.
- IV. Due to the volatility of the ongoing coronavirus pandemic, funds will be distributed on a part-payment basis.
- V. We recognise the venue in which a project is based can sometimes be owned or managed by another organisation subject to additional safety requirements. In this instance, we encourage groups to state this in their application.
- VI. Grant funds awarded will need to have been spent before March 2022 with any remaining funds being repaid 4 weeks after this date.
- VII. The decision to award a Sefton In Mind Grant rests with the Grant Panel. All decisions are final and there is no appeal process.
- VIII. All successful applications will be notified within four weeks of the application deadline date.